

Days of Significance – Heritage and Awareness Months

JANUARY	<ul style="list-style-type: none"> • Alzheimer’s Awareness Month • Tamil Heritage Month
FEBRUARY	<ul style="list-style-type: none"> • Black History Month (African Heritage Month) • Chinese Heritage Month • Recreation Therapy Month • Psychology Month
MARCH	<ul style="list-style-type: none"> • National Social Work Month • Bangladeshi Heritage Month • Irish Heritage Month • Nutrition Month • Music Therapy Awareness Month
APRIL	<ul style="list-style-type: none"> • Sikh Heritage Month • Autism Awareness Month • Parkinson Awareness Month • Poetry Month • Celebrate Diversity Month • Genocide Remembrance, Condemnation and Prevention Month
MAY	<ul style="list-style-type: none"> • Asian Heritage Month • South Asian Heritage Month • Canadian Jewish Heritage Month • Dutch Heritage Month • Polish Heritage Month
JUNE	<ul style="list-style-type: none"> • Pride Month • National Indigenous History Month • Deaf-Blind Awareness Month • Filipino Heritage Month • Italian Heritage Month • Portuguese History & Heritage Month • Post Traumatic Stress Disorder Awareness Month
JULY	<ul style="list-style-type: none"> • Tibetan Heritage Month
AUGUST	N/A
SEPTEMBER	<ul style="list-style-type: none"> • Recovery Month

NOTE: Days of Significance/Holy Days *may vary a few days before or after the indicated date* due to incompatibility of calendars from the Western Gregorian calendar, moon sightings, time zones, government or ecclesiastical declarations, source website updates or date reporting conflicts between websites, etc.



	<ul style="list-style-type: none"> • Suicide Prevention Month
OCTOBER	<ul style="list-style-type: none"> • Latin American Heritage Month (City of Toronto) • Canadian Islamic Heritage Month • Women’s History Month • LGBT History Month • Caribbean Heritage Month • German Heritage Month • Learning Disabilities Awareness Month
NOVEMBER	<ul style="list-style-type: none"> • Hindu Heritage Month • Lebanese Heritage Month • Arts & Health Month • National Domestic Violence Awareness Month • Woman Abuse Prevention Month
DECEMBER	<ul style="list-style-type: none"> • Universal Human Rights Month

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